



**IG WEALTH MANAGEMENT**  
**WALK FOR ALZHEIMER'S**

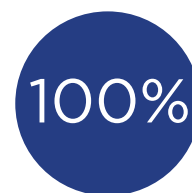
*Alzheimer Society*

## 4 reasons to walk 260,000 steps this May!

**1. You'll support people living with dementia!** Walking 260,000 steps will show people living with dementia and those that care for them that they do not walk on this journey alone.



**2. 100% of your fundraising dollars supports local!** The money you raise during the IG Wealth Management Walk for Alzheimer's will support the programs and services those living with dementia rely on most in your community.



**3. Fundraising just \$36 can provide one hour of respite care!** That's right. \$36 is all it takes to give someone access to the respite they need.



**4. It's a great way to lead a brain-healthy lifestyle!** Walking helps you burn calories, reduce stress, gain an energy boost, and gives you the perfect opportunity to get away from all those screens.

